

Hawkshead Show Fell Race Results 2023

Position	Name	Club	Time	Category Place
1	James Paul Smith	U/A	32:38	1st male
2	Pete Harrison	Howgill Harriers	32:54	2 nd male
3	Bobby Guard-Storry	Eden Runners	33:29	3 rd male
4	Evan Allan	U/A	35:09	1 st U21
5	Darren Coward	Black Combe	37:21	5 th male
6	Paul Riley	Helm Hill	37:34	1 st V40 male
7	Rowan Wood	Lonsdale Fell Runner	39:22	2 nd V40 male
8	Darren Fishwick	Chorley	40:42	1 st V50 male
9	Hodge Grayson	U/A	41:24	9 th male
10	Simon Thompson	Keswick AC	42:00	3 rd V40 male
11	Peter German	Helm Hill	43:18	4 th V40 male
12	Pat Mciver	Howgill Harriers	44:19	1 st V60 male
13	Ian Suttcliffe	Stadium Runners	46:12	2 nd V50 male
14	Stu Shuttleworth	Ambleside AC	47:01	2 nd V60 male
15	Isaac King	Black Combe	49:11	15 th male
16	Neil Ainsworth	U/A	49:53	3 rd V50 male
17	John Pollard	Glossopdale Harriers	53:35	3 rd V60 male
18	Debra Cooper	U/A	54:09	1 st female
19	Becky Haft	U/A	56:48	2 nd female
20	Tessa Haagendoorn	U/A	57:25	1 st V50 female
21	Julian Morgan	U/A	58:54	4 th V50 male
22	Ruth Lavelle	U/A	1.06:46	4th female
23	Mike Lavelle	U/A	1.06:47	19 th male
24	Abbey Wilson	U/A	1.12:48	5 th female
25	Robert West	U/A	1.18:15	5 th V40 male
26	Michael Litt	Cumberland Fell Runners	1.22:57	1 st V70 male
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